**Sample Training of trainers Agenda**

**[Date]**

**[Location]**

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| --- | --- | --- |
|  | Sessions | Speaker(s) |
| Day 1: [Date] | |  |
| 09.00-09.30 am | Registrations | [Dr. X] |
| 09.30-10.00 am | Welcome and Introductions | [Ms. Y] |
| 10.00-10.15 am | Burden of cardiovascular disease and hypertension in [Country X] | … |
| 10.15-10.40 am | Overview of Hypertension Control Initiative |  |
| 10.40-11.15 am | Diagnosis of hypertension |  |
| 11.15-11.45 am | Break |  |
| 11.45 am- 1.00 pm | Treatment of hypertension and simple treatment protocols |  |
| 1.00 - 2.00 pm | Lunch |  |
| 2.00- 3.30 pm | Medications (E.g., quantification/forecasting, procurement, and distribution) |  |
| 3.30 - 4.00 pm | Break |  |
| 4.00 – 4.45 pm | Medications – Practical exercises |  |
| Day 2: [Date] | |  |
| 09.30-10.15 am | Hypertension indicators for program monitoring |  |
| 10.15-11.15 am | Monitoring and reporting tools – Practical exercises |  |
| 11.15- 11.45 am | Break |  |
| 11.45 am - 1.00 pm | Monitoring and reporting tools – Practical exercises (continued) |  |
| 1.00 - 2.00 pm | Lunch |  |
| 2.00 – 3.45 pm | Current information systems in country (and any data collection applications, if applicable) |  |
| 3.45 -4.30 pm | Break |  |
| 4.30- 5.00 pm | Opportunistic screening and patient flow |  |

**Training of trainers**

**[Date]**

**[Location]**

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| Sessions | | Speaker(s) |
| Day 3: [Date] | |  |
| 09.30-10.15 am | Team based care and patient-centered approaches |  |
| 10.15 - 11.00 am | Strategies to prevent and reduce loss to follow up |  |
| 11.15-11.45 am | Break |  |
| 11.45 – 12.15 pm | Supportive Supervision |  |
| 12.15 – 1.15 pm | Supportive supervision – Practical exercises (E.g. role play) |  |
| 1.15 - 2.00 pm | Lunch |  |
| 2.00- 2.30 pm | Blood pressure monitors |  |
| 2.30- 3.20 pm | Planning for training at subnational level – Develop a plan |  |
| 3:20- 3:30 pm | Wrap-up |  |